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A variety of Marcy's home gym machines are designed with compact footprints for space saving benefits. The Marcy 150lb Stack Home Gym MWM-990 is ideal for small home spaces while still offering a wide array of exercise options. From apartments to studios, bedrooms to garages, there's no shortage of options to fit your home gym.

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Marcy provides a comprehensive list of equipment for a wide variety of exercises, so you can focus on developing upper, lower and core strength. And, no matter if your home gym is a full garage gym, or part of a corner in your bedroom, Marcy has the best home exercise equipment to create your custom home gym station.

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Perform bodyweight and resistance routines more efficiently with a home gym from Sears. Instead of outfitting your home with multiple fitness machines that each work on one muscle group, perform a variety of exercises on the same machine with a new home gym.

Home Gyms: Home Gym Equipment - Sears

This home gym is designed for one user at a time. Although its maximum user weight isn't specified online, Marcy's customer support team told us it's about 300 pounds. They also said the machine weighs about 400 pounds, but its description on Amazon says 340. The Club 200 provides 200 pounds of resistance.

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Marcy Club 200 Review | Top Ten Reviews

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Page 1 Resistance Chart Warranty Ordering Parts Model MP-4500 Retain This Manual for Reference 10-25-06 OWNER'S MANUAL ® MARCY CORNER GYM MP-4500 IMPEX 14777 DON JULIAN RD., CITY OF INDUSTRY, CA 91746 Tel: (800) 999-8899 Fax: (626) 961-9966 www.impex-fitness.com info@impex-fitness.com PLATINUM ® INC.; Page 2: Table Of Contents BEFORE YOU BEGIN Thank you for selecting the MARCY PLATINUM MP ...

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