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The Wisdom of the Ego is written with the author's vivid, sometimes witty and consistently clear style, happily interspersed with numerous examples both from his longitudinal studies, as well as from biographies of well-known people...One need not agree with all of Vaillant's premises to appreciate and enjoy this colorful and many-faceted book.

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In The Wisdom of the Ego, Vaillant, one of America's preeminent psychiatrists, gives us an exhilarating look at how the mind's defenses work, and at how they evolve and change, and so, change us. Freud tells us that the first five years of life constitute destiny.

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The Wisdom of the Ego: Vaillant, George E.: 9780674953734 ...

About the author (1995) He is a widely respected researcher, psychiatrist & professor at the Harvard Medical School. He is also the author of several books, including The Wisdom of the Ego, The...

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As long as George Vaillant writes his engaging books extolling the wisdom of ego psychology it is destined to remain part of our theoretical landscape...The Wisdom of the Ego is written with the author's vivid, sometimes witty and consistently clear style, happily interspersed with numerous examples both from his longitudinal studies, as well as from biographies of well-known people...One need not agree with all of Vaillant's premises to appreciate and enjoy this colorful and many-faceted book.

The Wisdom of the Ego : George E. Vaillant : 9780674953734

The Wisdom Of The Ego. By George E. Vaillant. Cambridge, MA: Harvard Univ. Press, 1993, 394 pp., \$27.95.

PEP Web - The Wisdom Of The Ego. By George E. Vaillant ...

Publisher Synopsis The rumor of the death of Ego Psychology is greatly exaggerated. As long as George Vaillant writes his engaging books extolling the wisdom of ego psychology it is destined to remain part of our

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